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**KEY PUBLICATIONS – LATEST EDITIONS**

**1 June 2016**

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O/S = out of stock at present while new edition/reprint is prepared

(D/L only) = only available as a download

\* = suggested resources if you have a 32–piece carousel https://www.mssociety.org.uk/ms-resources/understanding-progressive-ms-booklet

**About MS**

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| **Ref** | **Title** | **Edition** | **Date** | **Reviewed** |
| BK07\* | [Understanding Progressive MS](https://www.mssociety.org.uk/ms-resources/understanding-progressive-ms-booklet) | New | Feb 16 |  |
| GI01\* | [Just diagnosed](http://www.mssociety.org.uk/ms-resources/just-diagnosed-introduction-to-ms) | 4th | Jul 12 | Aug 15 |
| GI02\* | [What is MS?](http://www.mssociety.org.uk/ms-resources/what-ms-booklet-english) | 4th | Jun 13 |  |
| GI12 | [Childhood MS](http://www.mssociety.org.uk/ms-resources/childhood-ms-a-guide-for-parents-booklet) **(D/L only)** | 2nd | Oct 13 |  |

**MS Essentials**

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| **Ref** | **Title** | **Edition** | **Date** | **Reviewed** |
| ES02\* | [Memory and thinking](http://www.mssociety.org.uk/ms-resources/memory-and-thinking-booklet) | 8th | Jun 14 |  |
| ES04\* | [Tremor](http://www.mssociety.org.uk/ms-resources/tremor-booklet) | 5th | Mar 15 |  |
| ES05\* | [Vision and MS](http://www.mssociety.org.uk/ms-resources/vision-and-ms-large-print-booklet) | 3rd | Aug 13 |  |
| ES07\* | [Managing bladder problems](http://www.mssociety.org.uk/ms-resources/managing-bladder-problems-booklet) | 4th | Feb 14 |  |
| ES09\* | [Benefits and MS](http://www.mssociety.org.uk/ms-resources/benefits-and-ms-booklet) | 9th | Dec 13 |  |
| ES12\* | [Sex, intimacy and relationships](http://www.mssociety.org.uk/ms-resources/sex-intimacy-and-relationships-booklet) | 3rd | Apr 12 | Jan 15 |
| ES14\* | [Fatigue](http://www.mssociety.org.uk/ms-resources/fatigue-booklet) | 3rd | Aug 14 |  |
| ES17\* | [Pain and sensory symptoms](http://www.mssociety.org.uk/ms-resources/pain-and-sensory-symptoms-booklet) | 2nd | May 14 |  |
| ES19\* | [Muscle spasms and stiffness](http://www.mssociety.org.uk/ms-resources/muscle-spasms-and-stiffness-booklet) | 3rd | Mar 15 |  |
| ES20 | [Residential care and your options](http://www.mssociety.org.uk/ms-resources/residential-care-and-your-options-booklet) **(D/L only)** | 4th | Apr 14 |  |
| ES21\* | [Exercise and physiotherapy](http://www.mssociety.org.uk/ms-resources/exercise-and-physiotherapy-booklet) | 2nd | Sep 13 |  |
| ES23\* | [Speech difficulties](http://www.mssociety.org.uk/ms-resources/speech-difficulties-booklet) | 2nd | Jul 15 |  |
| ES24\* | [Swallowing difficulties](http://www.mssociety.org.uk/ms-resources/swallowing-difficulties-booklet) | 2nd | Jul 15 |  |
| ES25\* | [Managing the bowel in MS](http://www.mssociety.org.uk/ms-resources/managing-bowel-ms-booklet) | 2nd | Oct 13 |  |
| ES26\* | [Balance and MS](http://www.mssociety.org.uk/ms-resources/balance-and-ms-booklet) | 2nd | Apr 13 |  |
| ES27 | [Adaptations and your home](http://www.mssociety.org.uk/ms-resources/adaptations-and-your-home-booklet) **(D/L only)** | 2nd | Oct 10 | Jan 14 |

**Other core titles**

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| **Ref** | **Title** | **Edition** | **Date** | **Reviewed** |
| BK01\* | [Work and MS: an employee’s guide](https://www.mssociety.org.uk/ms-resources/work-and-ms-employees-guide) | New | Aug 15 |  |
| BK02**\*** | [MS in the workplace an employer’s guide](https://www.mssociety.org.uk/ms-resources/ms-workplace-employers-guide) | New | Aug 15 |  |
| BK03**\*** | [Disease modifying therapies (DMTs) for MS](https://www.mssociety.org.uk/ms-resources/disease-modifying-therapies-booklet) | New | Nov 15 |  |
| BK04**\*** | [MS and your Emotions](https://www.mssociety.org.uk/ms-resources/ms-and-your-emotions-understanding-and-dealing-your-feelings) | New | Sept 15 |  |
| BK05**\*** | [Managing a relapse](https://www.mssociety.org.uk/ms-resources/managing-relapse-booklet) | 4th | Sept 15 |  |
| BK06**\*** | [Complementary & alternative medicine](http://www.mssociety.org.uk/ms-resources/complementary-and-alternative-medicine-booklet) | 3rd | Dec 15 |  |
| BK08**\*** | [Women’s health](https://www.mssociety.org.uk/ms-resources/womens-health-booklet) | New | Oct 15 |  |
| BK09**\*** | [Diet and nutrition](https://www.mssociety.org.uk/ms-resources/diet-and-nutrition-booklet) | 5th | Feb 16 |  |
| BK10**\*** | [Claiming DLA](http://www.mssociety.org.uk/ms-resources/claiming-disability-living-allowance-booklet) (for Northern Ireland only) **(D/L only)** | New | Oct 15 |  |
| BK11**\*** | [Claiming Personal Independence Payment](http://www.mssociety.org.uk/ms-resources/claiming-personal-independence-payment-booklet) | New | Nov 15 |  |
| BK12**\*** | [Claiming Employment and Support Allowance (ESA)](http://www.mssociety.org.uk/ms-resources/claiming-employment-and-support-allowance-booklet) | New | Nov 15 |  |
| BK13**\*** | [Living with the effects of MS](https://www.mssociety.org.uk/ms-resources/living-effects-ms-booklet) | New | Jan 16 |  |
| BK18**\*** | [Insurance and MS](https://www.mssociety.org.uk/ms-resources/insurance-and-ms-booklet) **D/L Only** | 6th | Apr 11 | ongoing |
| GI09 | [MS in your life - a guide for young carers](http://www.mssociety.org.uk/ms-resources/ms-in-your-life-guide-young-carers-booklet)  **(D/L only)** | 1st | Jul 09 | ongoing |
| GI17 | [Our dad makes the best boats](http://www.mssociety.org.uk/ms-resources/our-dad-makes-best-boats-illustrated-booklet) | 1st | Oct 09 | n/a |
| GI18 | [Our mum makes the best cakes](http://www.mssociety.org.uk/ms-resources/our-mum-makes-best-cakes-illustrated-booklet) | 1st | Apr 10 | n/a |
| GI26\* | [Short breaks guide](http://www.mssociety.org.uk/ms-resources/short-breaks-guide-booklet) | New | May 15 |  |
| NMS03\* | [Motoring with MS](http://www.mssociety.org.uk/ms-resources/motoring-multiple-sclerosis-booklet) | 2016 | April 18 |  |
| PG01 | [Talking about treatments: questions to ask my MS specialist – For people with relapsing MS](https://www.mssociety.org.uk/ms-resources/talking-about-treatment) | New | Sept 15 |  |

**Factsheets (all download only)**

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| **Ref** | **Title** | **Edition** | **Date** | **Reviewed** |
| FS01 | [Anger, laughter and tears: Understanding emotional outbursts](https://www.mssociety.org.uk/ms-resources/anger-laughter-and-tears-understanding-emotional-outbursts-ms) | 1st | Aug 15 |  |
| FS02 | [Genes and MS](http://www.mssociety.org.uk/ms-resources/genes-and-ms-factsheet) | 1st | Jul 15 |  |
| FS03 | [Have I got MS? and why is it taking so long to find out?](https://www.mssociety.org.uk/ms-resources/have-i-got-ms-and-why-it-taking-so-long-find-out) | 1st | Aug 15 |  |
| FS04 | [Changing from DLA to PIP](http://www.mssociety.org.uk/ms-resources/changing-dla-pip-factsheet) | 1st | Nov 15 |  |
| FS05 | [Hearing problems](http://www.mssociety.org.uk/ms-resources/hearing-problems-factsheet) | 2nd | Nov 15 |  |
| FS06 | [Oral health](http://www.mssociety.org.uk/ms-resources/oral-health-factsheet) | 2nd | Feb 16 |  |
| FS08 | [Pressure ulcers](http://www.mssociety.org.uk/ms-resources/pressure-ulcers-factsheet) | 2nd | Aug 15 |  |
| FS09 | [Fasting and MS](http://www.mssociety.org.uk/ms-resources/fasting-and-ms-factsheet) | 1st | Aug 15 |  |
| FS10 | [Hot and cold: the effects of temperature on MS](http://www.mssociety.org.uk/ms-resources/hot-and-cold-effects-of-temperature-on-ms-factsheet) | 2nd | May 16 |  |
| FS13 | [Education for children affected by MS](http://www.mssociety.org.uk/ms-resources/education-children-affected-ms-factsheet) | 2nd | Jun 13 |  |
| FS13/S | [Education for children affected by MS in Scotland](http://www.mssociety.org.uk/ms-resources/education-children-ms-scotland-factsheet) | 1st | Apr 13 |  |
| FS17 | [Posture and movement 2 - Moving well with MS](http://www.mssociety.org.uk/ms-resources/posture-and-movement-2-moving-well-ms-factsheet) | 1st | Oct 09 | On going |
| FS19 | [Posture and movement 1 - introduction](http://www.mssociety.org.uk/ms-resources/posture-and-movement-1-introduction-factsheet) | 1st | Oct 09 | On going |
| FS20 | [Alemtuzumab (Lemtrada)](https://www.mssociety.org.uk/ms-resources/alemtuzmab-lemtrada) | New | May 16 |  |
| FS21 | [Beta interferons (Avonex, Betaferon, Extavia, Plegridy and Rebif)](https://www.mssociety.org.uk/ms-resources/beta-interferons-avonex-betaferon-extavia-plegridy-and-rebif) | New | May16 |  |
| FS22 | [Dimethyl fumarate (Tecfidera)](https://www.mssociety.org.uk/ms-resources/dimethyl-fumarate-tecfidera) | New | May 16 |  |
| FS23 | [Fingolimod (Gilenya)](https://www.mssociety.org.uk/ms-resources/fingolimod-gilenya) | New | May 16 |  |
| FS24 | [Glatiramer acetate (Copaxone)](http://www.mssociety.org.uk/ms-resources/glatiramer-acetate-copaxone) | New | May 16 |  |
| FS25 | [Natalizumab (Tysabri)](https://www.mssociety.org.uk/ms-resources/natalizumab-tysabri) | New | May 16 |  |
| FS26 | [Teriflunomide (Aubagio)](https://www.mssociety.org.uk/ms-resources/teriflunomide-aubagio) | New | May 16 |  |

**Audio versions**

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| **Ref** | **Title** | **Format** |
| BK03 | [Diseased modifying therapies (DMTs) for MS](https://www.mssociety.org.uk/ms-resources/disease-modifying-therapies-booklet) | CD |
| BK04 | [MS and your Emotions](https://www.mssociety.org.uk/ms-resources/ms-and-your-emotions-understanding-and-dealing-your-feelings) | CD |
| BK05 | [Managing a relapse](https://www.mssociety.org.uk/ms-resources/managing-relapse-booklet) | CD |
| ES05 | [Vision and MS](http://www.mssociety.org.uk/ms-resources/vision-and-ms-large-print-booklet) | CD |
| BK09 | [Diet and nutrition](http://www.mssociety.org.uk/ms-resources/diet-and-nutrition-booklet) | CD |
| ES12 | [Sex intimacy and relationships](http://www.mssociety.org.uk/ms-resources/sex-intimacy-and-relationships-booklet) | CD |
| ES14 | [Fatigue](http://www.mssociety.org.uk/ms-resources/fatigue-booklet) | CD |
| ES17 | [Pain and sensory symptoms](http://www.mssociety.org.uk/ms-resources/pain-and-sensory-symptoms-booklet) | CD |
| ES19 | [Muscle spasms and stiffness](http://www.mssociety.org.uk/ms-resources/muscle-spasms-and-stiffness-booklet) | CD |
| ES21 | [Exercise and physiotherapy](http://www.mssociety.org.uk/ms-resources/exercise-and-physiotherapy-booklet) | CD |
| GI01 | [Just Diagnosed](http://www.mssociety.org.uk/ms-resources/just-diagnosed-introduction-to-ms) | CD |
| GI02 | [What is MS](http://www.mssociety.org.uk/ms-resources/what-ms-booklet-english) | CD |

**Other resources**

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| **Ref** | **Title** | **Format** |
| CC01 | [Can't wait /help card](http://www.mssociety.org.uk/ms-resources/cant-waithelp-card) | Credit card |
| CC02 | [MS assistance card](http://www.mssociety.org.uk/ms-resources/ms-assistance-card) | Credit card |
| GI25 | [Exercising with MS](http://www.mssociety.org.uk/ms-resources/exercising-ms-dvd) | DVD |
| LF01 | [Personal details card](http://www.mssociety.org.uk/ms-resources/personal-details-card-leaflet) | A5 leaflet |
| LF10\* | [Grants from the MS Society](http://www.mssociety.org.uk/ms-resources/financial-assistance-from-the-ms-society) **D/L Only** | A5 leaflet |
| LF19 | [Supported Short Breaks](http://www.mssociety.org.uk/ms-resources/supported-short-breaks) | A5 leaflet |
| GI05 | [Information resources list](http://www.mssociety.org.uk/ms-resources/publications-list) | A5 booklet |